

LIFEVAC DOES **NOT** REPLACE CALLING 911 OR PERFORMING CHOKING PROTOCOL.
For use on choking victims greater than 1 year old when choking protocol fails.
LifeVac can be used on a patient in the horizontal, sitting or standing position.

BEFORE USING DEVICE

- 1 Call 911**
- 2 Give (5) back blows & (5) abdominal thrusts**

If choking (no cough, no sound, pale or blue skin, unable to speak or cry):



Call 911



5 back blows



5 abdominal thrusts

- If still choking, prepare to suction out object per steps 3-8
- Continue Step 2 while device is assembled, if possible

3 Select Mask & Insert

- Insert mask into unit and twist



4 Tilt head back

- Ensure chin lifts to open airway



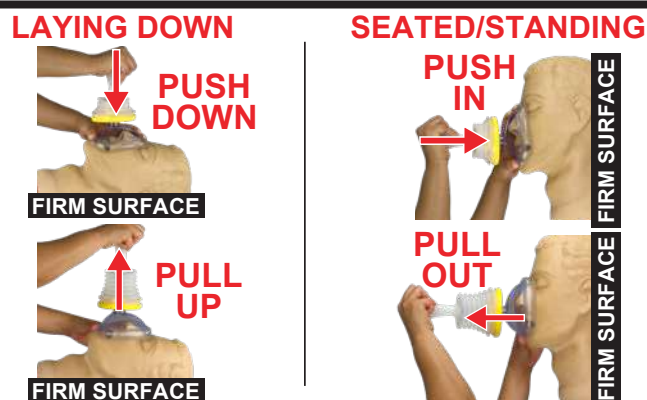
5 Place & hold

- Place mask over nose and mouth
- Secure mask with hand



Push & Pull

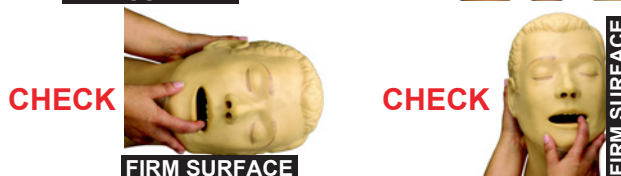
- 6**
- Push handle down to create SEAL
- Pull up quickly to SUCTION out object



- IF "PULL" IS TOO EASY, SEAL IS NOT GOOD
- ADJUST MASK PLACEMENT & REPEAT STEPS 5-6

7 Check for debris

- Check for debris in mouth and remove if present



8 Repeat Steps 4-7 five (5) times

9 If still choking

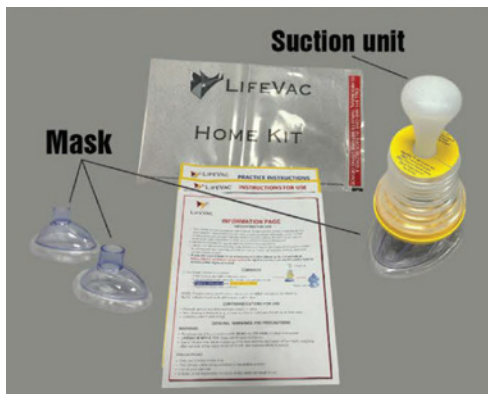
- Repeat 5 back blows & 5 abdominal thrusts



10 If unconscious, start CPR

- If chest does not rise with rescue breath, repeat steps 4-7

11 Report a LifeVac use for a replacement kit



Open the bag and REVIEW ALL literature provided

- Check expiration dates on the packaging of **ALL MASKS**
- ONLY OPEN AND REMOVE PRACTICE MASK**
- Become familiar with the device components
 - NOTE: The rattle is the custom one-way valve and is a normal sound
- NOTE:** LifeVac should only be used after the standard choking protocol has been attempted
 - LifeVac suggests becoming certified in CPR and becoming familiar with back blows and abdominal thrusts
 - Learn more at <https://lifevac.net/lifevac-training> or scan this QR code



PRACTICE MASK



Assemble PRACTICE MASK

- Visually inspect mask for damage
- Gently** insert **PRACTICE MASK** into unit with a twisting motion while applying pressure
 - Ensure mask is attached to the unit
 - Stem of mask **DOES NOT** need to be completely inserted into unit
 - NOTE: Gentle insertion assists with removal of practice mask



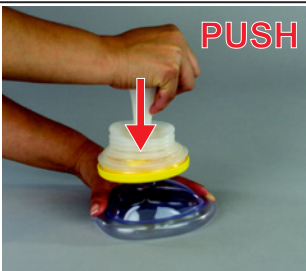
PLACE



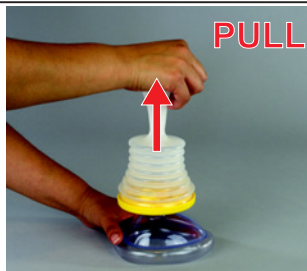
HOLD

PLACE & HOLD device

- PLACE PRACTICE MASK** on a hard, flat surface
- HOLD PRACTICE MASK** firmly over hard, flat surface



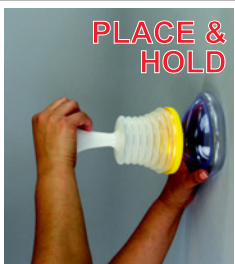
PUSH



PULL

PUSH & PULL device

- With your hand on the **PRACTICE MASK**, hold in place and **PUSH** handle down to compress unit
- While holding the **PRACTICE MASK** firmly in place, **PULL** handle up with a short, **SWIFT** tug
 - You will feel the negative pressure that the LifeVac device generates
- Repeat steps A & B a few times to understand how LifeVac works



PLACE & HOLD



PUSH & PULL

TO PRACTICE FOR A SEATED OR STANDING CHOKING VICTIM

- PLACE & HOLD PRACTICE MASK** on a vertical, hard, flat surface like a wall
- Hold **PRACTICE MASK** in place and **PUSH** handle toward wall
- While holding **PRACTICE MASK** firmly in place, **PULL** handle out with a short, **SWIFT** tug



Disassemble & Dispose of PRACTICE MASK

- Remove by twisting and pulling while holding the unit's base
 - If you have difficulty removing the mask, watch the video available at <https://lifevac.net/how-to-remove-the-lifevacmask/> or scan the QR code to the right
- Dispose of **PRACTICE MASK**



Repack the LifeVac components

- Place the LifeVac suction unit, unopened masks, and literature back into the storage bag
 - Make sure no masks are attached to the suction unit
 - Store the LifeVac unit in a safe, dry, accessible place in case of an emergency



LIFEVAC®

INFORMATION PAGE

INDICATIONS FOR USE

- The LifeVac is a non-powered, non-invasive, single-use-only airway clearance device intended to resolve choking in a victim with a complete airway obstruction when current choking protocol has been followed without success. LifeVac should only be used to remove an object/food from a victim with a complete airway obstruction
- LifeVac is intended for use on adult or pediatric choking victims who are at least 1 year of age
- LifeVac can be administered by a layperson or a medical professional (18 years or older) in various settings, including at home or nursing homes, restaurants, schools, and other outside environments
- **If LifeVac is used, please go to our website at <https://lifevac.net/lifevac-usage-report/> to report a LifeVac use and fill out the form to receive a free replacement kit**

CONTENTS

- The LifeVac Home kit contains:
 - one suction unit with a one-way valve
 - one practice mask, one adult mask, one pediatric mask
 - **Practice Instructions** and **Instructions for Use**
 - Report a LifeVac Use postcard



NOTE: Practice mask and Practice Instructions are **ONLY** included in the Home kit

NOTE: LifeVac is not made with natural rubber latex

CONTRAINDICATIONS FOR USE

- Patients with an endotracheal tube already in place
- Non-choking individuals (e.g., drowning victims, people with breathing difficulty such as asthma, people breathing on their own)
- Children under 1 year of age

GENERAL WARNINGS AND PRECAUTIONS

WARNINGS:

- To reduce risk of injury and/or death, **READ** and **FOLLOW** provided instructions.
- **LIFEVAC IS NOT A TOY:** Keep out of reach of children
- Use of device may result in bruising of the face from the application of the mask, coughing after removal of the object inside of mouth, and hypersensitivity to plastic

PRECAUTIONS:

- Only use LifeVac on the face
- The LifeVac unit is not guaranteed to resuscitate a victim
- Use at your own risk
- LifeVac is not responsible for injury and/or death as result of use

OPERATING INSTRUCTIONS

- To ensure the safe and proper use of the LifeVac device, READ ALL instructions and safety information prior to use
- Upon receiving the LifeVac kit, visually inspect the suction unit for any defects or cracks
 - **WARNING:** Do **NOT** use device if defects or cracks are observed and return the device using the Return Policy instructions provided
- Familiarize yourself with LifeVac prior to use by following the LifeVac **Practice Instructions** and/or watching the training video
 - **NOTE:** Access video at <https://lifelvac.net/lifelvac-training> or scan the QR code
 - **NOTE:** Practice Instructions/Practice mask are **ONLY** available in the Home Kit
 - Dispose of Practice mask after familiarization
- Refer to provided **Instructions for Use** when needed for an individual with a complete airway blockage
- LifeVac can be used on a patient in the horizontal, sitting (e.g., in a wheelchair), or standing positions
 - **WARNING:** LifeVac units are SINGLE USE ONLY: Dispose of after use in a choking emergency (If LifeVac is used, please go to our website at <https://lifelvac.net/lifelvac-usage-report/> to report a LifeVac use and fill out the form to receive a free replacement kit)



STORAGE AND HANDLING

- Store the LifeVac unit in a safe, dry, accessible place in case of an emergency (e.g., a kitchen cabinet)
 - Do NOT store in direct sunlight
 - Do NOT store in extreme hot or cold environments, as this can affect unit integrity
- Masks have an expiration date and must be replaced before mask expiration
- Visually inspect masks periodically for defects, cracks, or expired masks
- Visually inspect suction unit for defects, cracks, or discoloration

RETURN POLICY

If any defects are noted, immediately contact LifeVac to exchange or return the unit. Refund or exchange will only be provided within 30 days of receipt of the order. Opened units may be returned but only for reason of a manufacturer defect to the unit or masks. Please contact us at returns@lifelvac.net via email for a return authorization and return label. A refund of the unit cost will be issued following the receipt and inspection of the returned unit.

“SOMETIMES YOU HAVE TO DO THE IMPOSSIBLE JUST TO PROVE THAT NOTHING IS”

ARTHUR LIH, INVENTOR OF LIFEVAC



For more information,
including instructional/training videos:



www.lifelvac.net

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